

CENTERS INC



Community Update

A Letter from Our President & Board Chair

Dear Friends,

As we look back at the past fiscal year, there is so much for which to be grateful. During that twelve month period, Applewood Centers, Inc. served nearly 7,000 children and their families, more than ever before. We met the needs of at-risk children across the state of Ohio, whether through community based efforts in Cuyahoga and Lorain counties or in our residential program that serves youth statewide. When we started the fiscal year in July 2019 we could never have predicted how it would end in June 2020 in the midst of a global pandemic. The last half of the year presented new challenges but the staff of Applewood remained steadfast.

This year, as each year, our ability to meet the critical needs of the community cannot happen without the unyielding support of our community. We are grateful for your support and partnership as we work together on behalf of the children and families we serve. Our commitment to our mission is unyielding.

This past fiscal year demanded more from our staff than ever before but the result of the effort is undeniable. Quickly On behalf of our Board of Directors, the staff of Applewood Centers and the children and families we serve, thank you.

Adam G. Jacobs, Ph.D. President

Michael Deminico

Michael DeMinico Chair, Board of Directors

shifting to telehealth once in-person visits were suspended, our licensed therapists maintained services to those that are most vulnerable in our community. As you will see throughout this annual report, our commitment did not wain and our impact was not diminished. We are grateful to our staff for their dedication, creativity and flexibility. They have been our front line in enabling us to continue to serve our stakeholders and have performed remarkably under stressful circumstances.





Our Impact

Applewood Centers' ability to impact our community is our greatest accomplishment. Even during the last year, when our community was faced with unique challenges presented by the pandemic, our team of licensed mental health providers met the challenge.

7,000 Clients Served 93% Client Satisfaction 86% Reported a Positive Future Outlook 74% Have Two or More Diagnoses



They delivered services remotely, or in person for those youth most at-risk.

When upon called by our community, Applewood's board, partner agencies, financial supporters, volunteers and staff demonstrated extraordinary commitment and compassion for the children and families we serve.

Provided by 235 Employees

11,207 Virtual Visits Provided by 135 Employees

22,038 Hours Of school-based services provided in Cuyahoga and Lorain Counties

Spotlight: Juvenile Justice Services

Applewood partners with the Cuyahoga and Lorain **County Juvenile Courts to provide specialized** programming for adjudicated youth such as the Coordinated Approach to Low-risk Misdemeanors (CALM) program, Mental Health in the Juvenile Detention Center (MH in DH) program, and the Intervention Center - Community Behavioral Health Assessment Program. These programs address the mental health needs of court-involved youth and offer participants a pathway to a brighter tomorrow.

Estimated percent of youth in the Cuyahoga County Juvenile Court experiencing mental health issues

of CALM Project Youth had No New Legal Charges



of Intervention Center Youth had No New Legal Charges

Our Clients

Applewood provides behavioral healthcare services to 7,000 clients and their families primarily in Cuyahoga and Lorain Counties. Many of our clients live in some of the poorest and most violent neighborhoods in a city that consistently ranks high among the poorest and most violent places in the nation. Applewood offers a beacon of hope and an oasis for these most vulnerable children and families. By utilizing a multisystemic treatment program with 24/7 access to therapists, we support young people and their care givers by helping them develop the tools and skills necessary to encourage healthy behaviors.

Through the Gerson and Reserve Schools, Applewood provides a supportive educational environment to students for whom traditional educational models aren't working. This partnership helps students connect with expanded mental health services including psychiatry, psychology, in-home



services and individual counseling.



Our Values

Applewood is dedicated to improving the lives of children and families by providing high quality behavioral healthcare.

We are commited to:

- Delivering high quality, results-focused programs and services
- Developing a diverse team of skilled professionals
- Collaborating with community organizations
- Serving a diverse population reflective of our community
- Monitoring and ensuring desired outcomes for children
- Employing training and technology to best support excellent service
- Embracing our core values in all we do





Our Network

Applewood's supporters share the belief that a <u>child-centered</u> <u>environment of caring, collaboration, innovation, integrity and</u> <u>excellence</u> is essential to improving the lives of young people struggling with mental and behavioral health challenges.

As a private, non-profit agency, our funding relies on contributions from individual donors, as well as support from organizations, corporations, government funding and grants from foundations.

To join our community of caring, visit <u>www.applewoodcenters.org</u>





APPLEWOOD CENTERSINC

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